

WICKED OFFICIAL WORKSHOPS

Introduction

Our expert team has developed a programme of engaging sessions that offer outstanding, unique experiences for participants.

We take a holistic approach, working across all age groups, from KS1-5 as well as youth, community, university and corporate groups.

Our sessions are perfect for supporting the curriculum at all key stages, with direct learning links and tangible outcomes.

Official **Wicked** Workshops are provided in partnership with Starling Arts Community Interest Company and are tailored to meet the needs of your participants.



The Official Wicked Wellbeing Workshop, exploring practical and meaningful ways to enhance our physical and mental wellbeing



The Official Wicked Anti-Bullying Workshop, developed in partnership with the Anti-Bullying Alliance, challenging us all to look beyond first impressions



The Official Wicked Musical Theatre Workshop, a multi-layered workshop focusing on storytelling for musical theatre

About our practitioners

Our workshops are delivered by trained, expert facilitators. Our team is DBS checked, has received safeguarding training, and is experienced in working with young people.

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Workshops to suit you

All our workshops embed differentiation, engaging content and interactive tasks. We deliver our workshops in person in pre-approved venues in Central London, or at your school or community space/workplace. If we are required to travel outside Central London, travel, and accommodation costs (if required) are added to the price. Talk to our workshop coordinator to find a time to suit your group - whether it's before a show in London or in class time at your school. Workshops range from 1 to 2 hours in length, with prices starting from £350 +VAT.

How to book

Wicked Workshops are recommended for groups of 5 - 30 participants. If you have any specific requirements, access needs, or your group size differs, please highlight this when contacting us.

All prices are calculated based on requirements and may vary dependent on the geographic location of a school or venue.

Workshops are bookable subject to the availability of practitioners.

Email us at hello@wickedactivelearning.co.uk or call us on **020 7183 5109**

Do I need to take my group to see Wicked?

Official **Wicked** Workshops are designed to inspire new audiences and complement their theatre visit, although groups do not need to see the musical to benefit.

Starling Arts is authorised by WLPL to run Official **Wicked** Workshops.

Please note that materials related to the production, including the script, choreography and artwork, are protected under copyright law and cannot be used by any third party without permission from the copyright owner.

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WICKED OFFICIAL WORKSHOPS

The Official Wicked Wellbeing Workshop

60 minute workshop

Our **Wicked** Wellbeing Workshop immerses participants in the fantastical world of **Wicked**, exploring practical and meaningful ways to enhance physical and mental wellbeing.

This engaging and accessible session uses drama, mindfulness, and musical activities to develop practical skills to cope with challenges both in education and beyond. The session also provides a safe space to be creative, expressive and individual.

Wicked Wellbeing Workshops offer a positive, interactive and immersive experience to allow the safe exploration of wellbeing. This session complements the curriculum and compulsory Mental Health and Wellbeing teaching as part of Health and Relationships education. By working with students in KS1-3 to recognise the importance of their mental health and find strategies to protect it, **Wicked** Wellbeing Workshops support the development of resilient and happy schools.

Using interactive exercises to develop wellbeing, sessions are framed by the world of **Wicked**, the musical that tells the untold story of the witches of Oz. The exploration of themes, characters and issues within the musical allows participants to understand their own feelings, relationships and behaviour. The performing arts are the perfect tool to boost wellbeing and access a host of physical, mental health and community benefits. From the reduction of stress and anxiety, to increasing levels of oxytocin and serotonin, and improving the social environment, these workshops offer an increased sense of awareness and understanding. Providing participants with a toolkit to support wellbeing they can use throughout life, **Wicked** Wellbeing Workshops help young people fulfil their potential and grow up healthier and happier.

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What happens in the session:

Using examples, music and themes from **Wicked**, the workshop will encourage participants to explore themed breathing and vocal exercises and mood-boosting activities. These aim to leave participants with a sense of greater calmness, more engaged, and more bonded as a group. The session will offer participants a wealth of tools they can use to improve their own wellbeing.

Who is this session for?

Ideal for KS1-3, this session is also suitable for older children, as well as those studying performing arts at college, university, or in community settings.

Learning objectives:

- ✓ To fully explore the subject of physical and mental wellbeing through a variety of activities and exercises related to **Wicked**
- ✓ To improve awareness of mental health and wellbeing for young people
- ✓ To reduce stress, encourage resilience and boost mood through bespoke physical, breathing and mindfulness exercises
- ✓ To provide a toolkit of exercises to enhance wellbeing beyond the session

Prices from £350 per workshop +VAT



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WICKED OFFICIAL WORKSHOPS

The Official Wicked Anti-Bullying Workshop

Developed in partnership with  ANTI-BULLYING
ALLIANCE

60 - 90 minute workshop (depending on age)

A unique 60-90 minute workshop exploring the theme of anti-bullying through a variety of specially developed games and exercises related to the show, created in collaboration with the Anti-Bullying Alliance.

Developed in association with Anti-Bullying Alliance, this session is led by expert facilitators who build an open and creative environment where participants can use the relevant and useful themes from **Wicked** as a safe and engaging way to explore the issue of bullying. In this curriculum-friendly workshop, participants will have a fun and thought-provoking experience, coming away with a set of tools to deal with bullying they may experience or witness in their own lives.

Wicked is the perfect starting point for working on anti-bullying because it challenges us to think about people differently and look beyond first impressions. Supplementary to the PHE/PSHE national curriculum, themes explored include Caring Friendships, Respectful Relationships, and Mental Wellbeing and Health.

Our anti-bullying workshop begins with an age-appropriate discussion about bullying to help staff and pupils understand what bullying is. Working with scenes from the show, participants then use drama skills to look closely at Elphaba and Glinda's reactions to these experiences and explore how they, and the rest of the characters in the scene, could work to change this bullying behaviour. The use of stories from within the show allows participants to reflect on personal experiences. Participants will be provided with support materials for further discussions as well as advice and signposting for dealing with bullying.

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What happens in the session:

The session aims to create an open and safe environment where participants can use **Wicked** as a way of exploring the issue of bullying. Following a guided opening conversation around the themes of **Wicked** and anti-bullying, participants will first gain an understanding of what bullying is. Using a range of carefully selected games and exercises, participants will then use the themes and story of **Wicked** to explore the topic of bullying further. Participants will have a fun and engaging experience, coming away with some tools to deal with bullying they experience or witness in their own lives.

Who is this session for?

Ideal for KS1-2, this session can also be adapted for older children and other settings.

Learning objectives:

- ✓ To explore the theme of bullying through a variety of games and exercises related to **Wicked**
- ✓ To develop a toolkit of strategies for dealing with bullying, within their own lives, and keep themselves and others safe in different situations and settings
- ✓ To develop empathy and understanding towards the experience of being bullied and the effects of bullying
- ✓ To support participants to develop healthy relationships
- ✓ To think conceptually about **Wicked** and use the stories to reflect on personal experiences

Prices from £350 per workshop +VAT



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OFFICIAL WORKSHOPS

The Official Wicked Musical Theatre Workshop

2 hour workshop

The **Wicked** Musical Theatre Workshop is designed to introduce students to the many multi-layered performance techniques crucial to performing in the West End.

An awe-inspiring, all-round musical theatre workshop covering acting, singing, and dance. Participants experience the enchanting world of **Wicked** through performance skills and techniques used in the staging of the show. The workshop focuses on storytelling and acting through song whilst exploring themes, characters and stories from the musical to allow participants a unique and exciting opportunity to be part of the global musical phenomenon.

These engaging, official **Wicked** Musical Theatre workshops will immerse your group in the magical world of **Wicked**. Interactive sessions will offer participants new performance skills and a unique insight into the thrills of a West End rehearsal.

Participants will work with highly-skilled facilitators on specially selected excerpts from the show, leaving them with a toolbox of skills and performance techniques alongside a greater understanding of what's involved when performing in a West End Show.

The Official **Wicked** Musical Theatre experience offers an opportunity for participants to create and be a part of something life-changing, with an emphasis on confidence building, developing skills and having fun.

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What happens in the session:

Led by two practitioners (one pianist/musical director, one director/choreographer), this workshop develops participants' understanding of performing in musical theatre and the combined skills of acting, singing and dancing. Following a comprehensive physical and vocal warm-up, participants learn a specially selected song from **Wicked**, developing their vocal techniques and acting through song with movement and harmonies that can be adapted depending on the age and/or experience of the group. Through carefully shaped drama and dance activities, participants will develop their stagecraft and storytelling skills. The group then rehearses the piece and works towards a sharing at the end of the session.

Who is this session for?

Ideal for KS3-5 and those at colleges or university courses.

Learning objectives:

- ✓ To stage a song from the musical **Wicked** in a fun, supportive and inspiring environment
- ✓ To develop participants' understanding of storytelling using singing, acting and dance
- ✓ To develop acting through song skills for musical theatre – specifically characterisation, emotion, intonation, and phrasing
- ✓ To experience direction within the style of a West End production

Prices from £600 per workshop +VAT



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